Overview of Intent and Implementation in PSHE for Bawdeswell Primary School

Intent

Our aim is for our children to learn how to keep themselves and others safe and healthy, whilst growing in self-awareness and self-confidence throughout their time at Bawdeswell Primary School. We also aim to ensure that our children are fully tolerant and respectful of others, and understand their rights and responsibilities as local and global citizens. Our school values (Kindness, Compassion, Positivity, Aspiration, Friendship, Teamwork, Resilience and Self-Awareness) underpin everything we teach throughout our whole curriculum at BPS.

Implementation

In order to effectively teach such a crucial set of knowledge and skills over and above the requirements of the National Curriculum, we have chosen to use the SCARF (Safety, Caring, Achievement, Resilience, Friendship) resources from Coram Life Education. These resources ensure we are able to teach a high quality curriculum effectively, in a well sequenced and progressive way. We have adapted the resources for our children and our mixed year group structure to ensure every child has covered all aspects of the curriculum during their time at BPS. Every class and year group is taught at an age appropriate level across six themes, to include the RSE curriculum too. Each theme is taught over a half term period as follows:

Autumn 1: Me and My Relationships
This theme explores feelings and emotions, develops skills to manage conflict, helps identify our special people and equips children to recognise the qualities of healthy friendships and how to manage them.

Autumn 2: Valuing Difference
This theme supports children to develop respectful relationships with others, recognise bullying and know their responsibilities as a bystander.

Spring 1: Keeping Myself Safe
The learning in this theme covers a number of safety aspects from statutory RSHP including being able to identify trusted adults in their lives, what to do when faced with a dilemma and recognising appropriate and inappropriate touch.

Spring 2: Rights and Responsibilities
Within this theme children explore broader topics including looking after the environment, economic education and the changing rights and responsibilities children have as they grow older.

Summer 1 or 2 (depending on year group timetabling): Being My Best
This area of learning includes a focus on keeping physically healthy, developing a growth mindset to facilitate resiliency, setting goals and ways to achieve them.

Summer 1 or 2 (depending on year group timetabling): Growing and Changing
This theme has age-appropriate plans to cover the physical and emotional changes that happen as children as they grow older, including changes at puberty and how to approach this with confidence. Age-appropriate lessons on relationships and sex education are also included.

We use the SCARF resources to throughout our school support high quality teaching.